

	MON	TUE	WED	THU	FRI
08:00 60 min					Morning Howl <b>Wolf</b>
09:15 60 min			Hatha Practice <b>Yogasanaroom</b>		
15:00 60 min		ONLINE PRACTICE		ONLINE PRACTICE	
17:00 60 min					ONLINE PRACTICE
18:30 90 min	SOMATIC HATHA YOGA <b>Vedana Wellbeing</b>		SOMATIC POWER HATHA <b>Vedana Wellbeing</b>		